

# RED CROSS

# LIFEGUARD CERTIFICATION



## WANT TO SAVE LIVES & MAKE EXTRA MONEY?

Class Location: 1785 Carol Sue Ave, Terrytown, LA 70056

NEW CERTIFICATION: \$315\*

RENEWAL/RE-CERT: \$165

### Course Dates:

**4/5/19: 5pm - 8:30pm**

**4/6/19: 9am - 2pm**

**4/13/19: 9am - 2pm**

**4/14/19: 10am - 3pm** (Recert Day)

\* *Must attend entire course to earn Lifeguard Certification*

- Bring Lunch/Snacks Sat/Sun classes (40 min Lunch Break Sat/Sun)
- Students enrolled in the full Lifeguard certification course will receive a textbook, a CPR mask, and a Lifeguard Hip/Fanny pack.

### Course Requirements:

- Swim 300 yds continuously
- Tread water for 2 mins using legs only
- Complete Water Rescue Drill (01:40)  
Swim 20 yds, retrieve a 10 lb. object from bottom of pool, swim back with object & exit water without using steps or ladder
- CPR & AED Training/Certification
- First Aid Competency Training
- Score satisfactory on end of course testing.
- Participants must be 15 yrs old by the last day of class

Register via email: [terrytowncountryclub@gmail.com](mailto:terrytowncountryclub@gmail.com)

Must include **Student name, Date of Birth, Student Phone # & email**  
(Include Parent contact if you wish to receive communications as well).

### -Payment Due in FULL by 3/22/19

- Need 6 participants to guarantee class.
- Registration will close when 8 participants confirmed.
- Spots filled on a first come first served.
- Completion of course does not infer employment with TCC.
- Independent Red Cross Course Instructor: Greg Harris, Jr. 504-508-1509